

## TPS-DRC/JTC

### Class Prep – Syllabus & Learning Resource

<b>Subject</b>	<b>Games</b>	<b>Syllabus Till 10June 2020</b>
<b>Topic</b>	<b>Availability of Learning Resource</b>	
	<b>Reading Material Reference</b>	
Fitness exercise		<a href="https://youtu.be/ZikhoitcvKo">https://youtu.be/ZikhoitcvKo</a>
Game		<a href="https://youtu.be/e9gKt0pIMnM">https://youtu.be/e9gKt0pIMnM</a>
Grow exercise		<a href="https://youtu.be/kYsA9-Qbtyk">https://youtu.be/kYsA9-Qbtyk</a>
Yoga		<a href="https://youtu.be/Bqoaqmr2jFE">https://youtu.be/Bqoaqmr2jFE</a>